



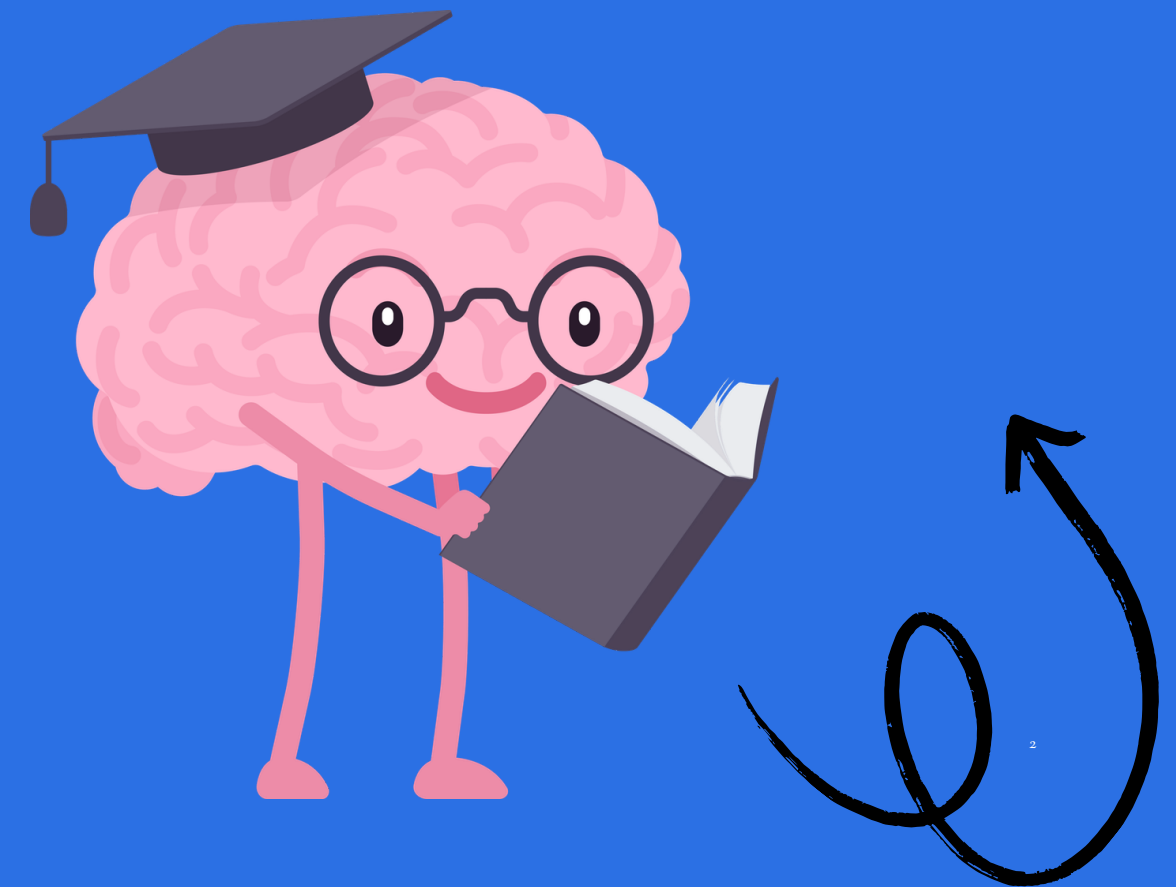
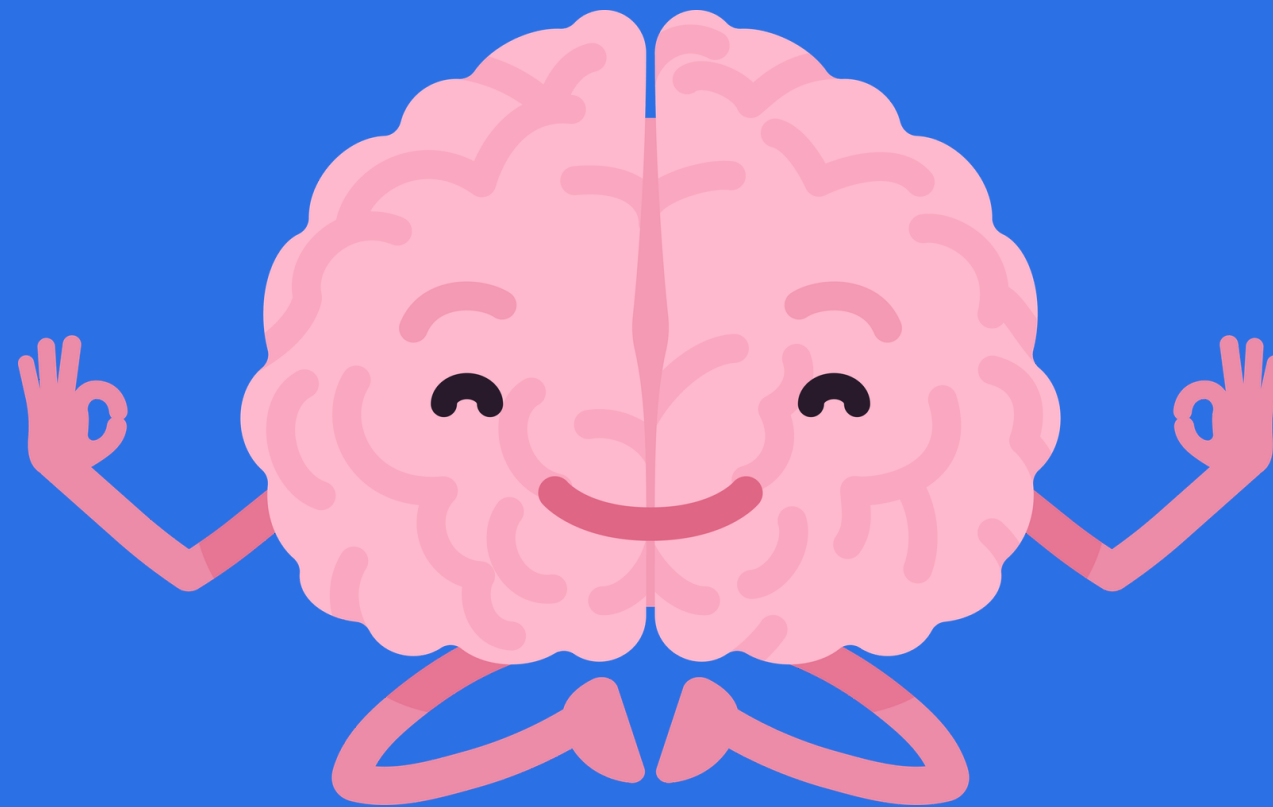
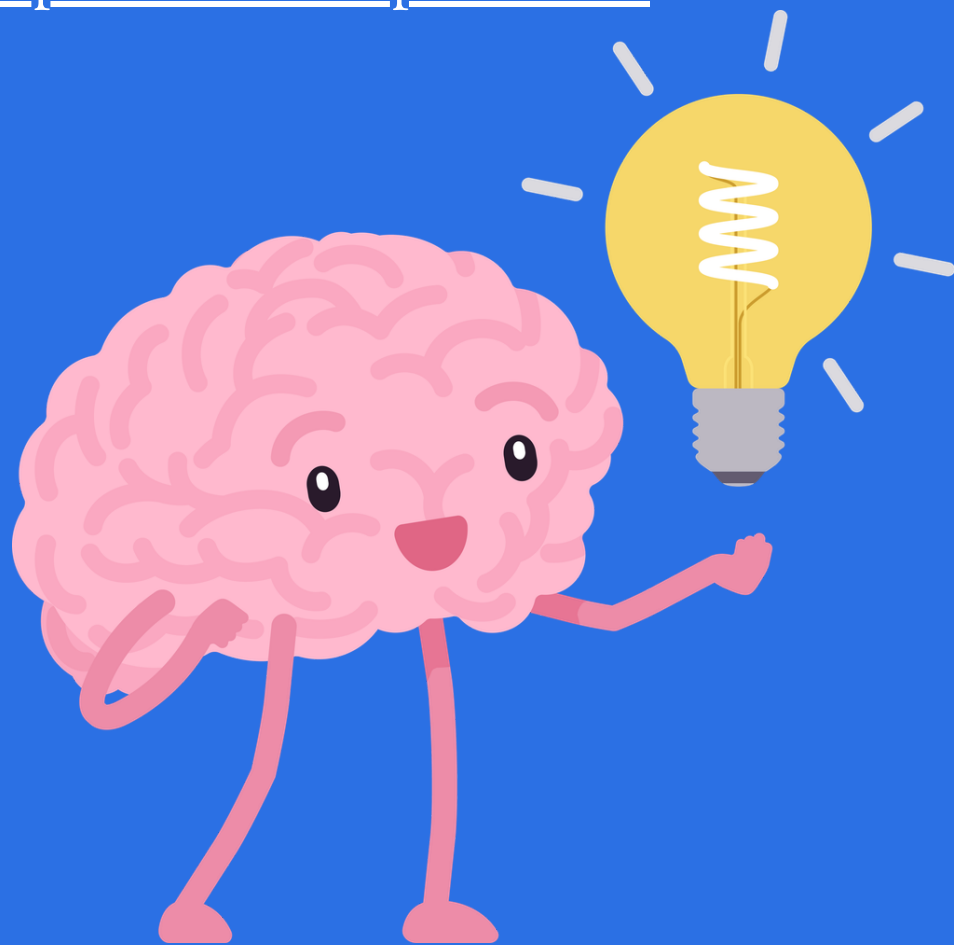
Professional development is a fun and meaningful way to invest in your own growth, whether you're working on your Professional Growth Plan, gearing up for recertification, or hoping to move up the salary schedule. When you choose to keep learning, you boost your skills, strengthen your classroom practice, and stay energized and evolving right alongside your students.

Fall Catalog
2026

Types of Courses:

This catalog is designed to serve as a guide to the courses offered on the SDEA Learning Portal. Independent Study courses are free and for members only. All book studies on the Learning Portal are available to members for free or \$50 for non-members. If you do not already have an SDEA BRIDGE account, visit sdeaportal.learnupon.com.

- INFORMATIONAL
- INDEPENDENT STUDIES
- BOOK STUDIES



Informational Courses

Learn more about SDEA and the different benefits that come with your membership.



WELCOME TO YOUR UNION!
* MEMBERS ONLY



WHAT ARE NEA
MICRO-CREDENTIALS



VESI MEMBER OFFER
(UP TO NINE CREDITS
FOR \$275).

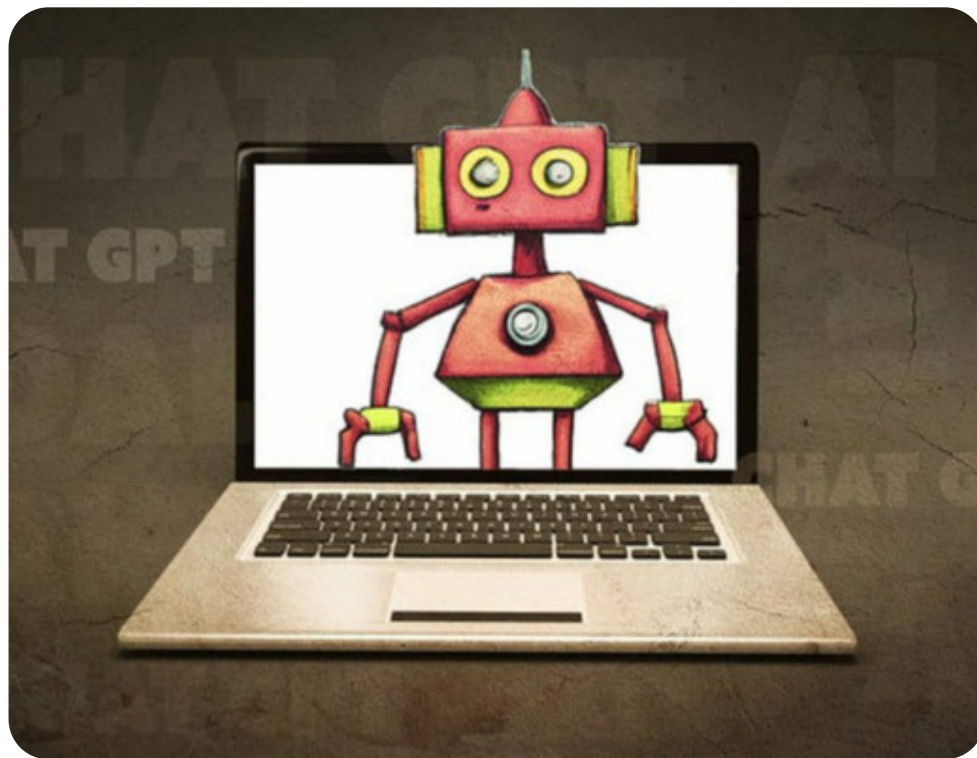


A COMPREHENSIVE GUIDE
TO THE SDEA
REPRESENTATIVE ASSEMBLY
• MEMBERS ONLY

Independent Study Stacks

Pick and choose the sessions that interest you or take them all! Most course completion earns between five and eight continuing education contact hours (CECH) for recertification. (Available for members only.)

ARTIFICIAL INTELLIGENCE



Dive into the world of AI with evidence-based learning, focus on ethical considerations, and student-centered literacy.

EDUCATOR MENTAL HEALTH



Understand your own social-emotional needs to prevent burnout. Learn about awareness and coping strategies as well as mindfulness practices.

TRAUMA INFORMED TEACHING



The impact of traumatic experiences is so significant that it can hinder the brain's normal development.

You have one year to complete each course.

Artificial Intelligence in Education

AVAILABLE NOW:

AIED 1: Learning About and Learning with Artificial Intelligence in Education (Independent Study)

AIED 2: Educators and Students at the Center of Education (Independent Study)

Launching in October

AIED 3: Evidence-Based AI for Learning

AIED 4: Safe and Ethical Use of AI

AIED 5: Promoting AI Equity and Access

AIED 6: Enhancing Educator Practice with AI

AIED 7: Student-Centered AI Literacy

Educator Mental Health

AVAILABLE NOW:

Mental Health: 1. Restorative Self-Care Practices (Independent Study)

Mental Health: 2. Burnout Prevention (Independent Study)

Mental Health: 3. Mental Health Mitigation (Independent Study)

Mental Health: 4. Mental Health Awareness and Coping Strategies (Independent study)

Mental Health: 5. Mindfulness Practices for Educators (Independent Study)

Trauma Informed Teaching

AVAILABLE NOW:

Trauma 1: Creating a Healing-Centered Learning Environment (Independent Study)

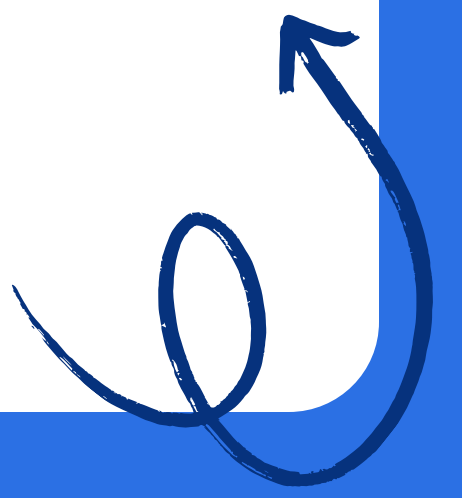
Trauma 2: Trauma-Informed Supports for Students (Independent Study)

Trauma: 3. Secondary Trauma (Independent Study)

Trauma 4: Creating Healing-Centered Learning Environments for Students Who are Refugees

Trauma 5: Race-Based Trauma

Trauma 6: Poverty-Related Trauma



Other Independent Course



Be the Difference: An Action Approach to Educating Students in Poverty.

Course Length: 8 hours



"The Mind Inside" Docuseries

Course Length: 5 hours



Using Mindfulness in the Classroom

Course Length: 1 hour

Additional courses that will be added over the coming months:

Leadership Development 101

C.A.R.E
(Culture, Abilities, Resilience, and Effort)

Classroom Management

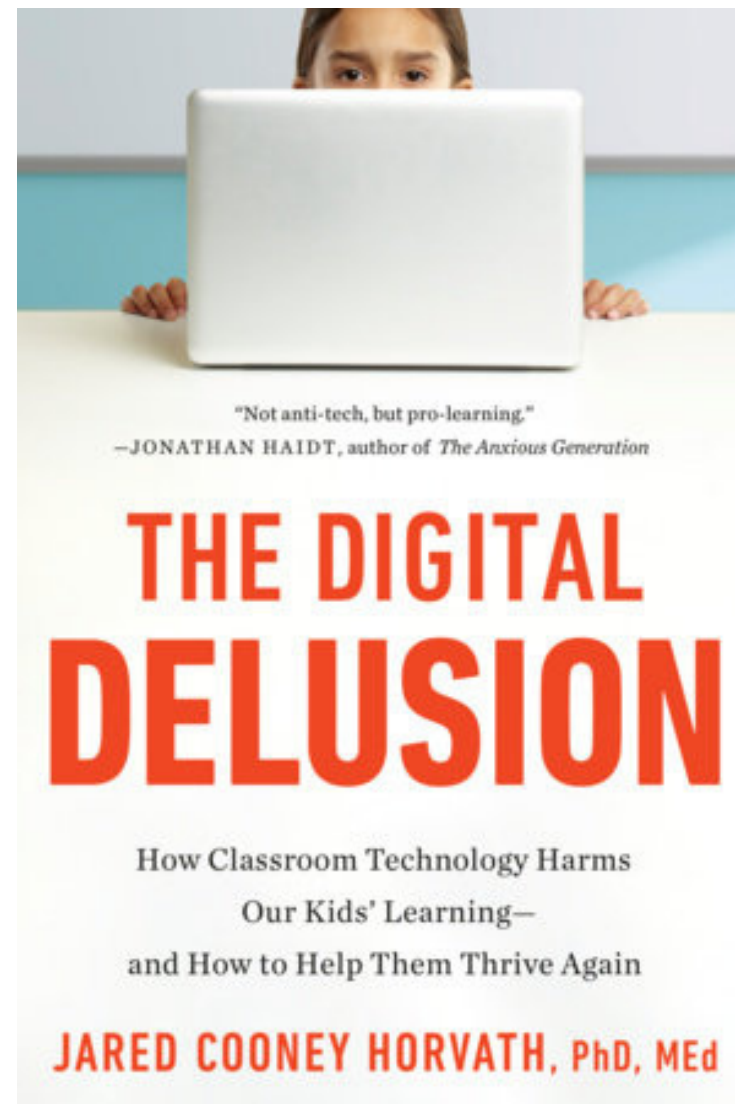
Multilingual Learners

Blended Learning Book Studies

Join our friendly blended book study where you'll read and try out practical strategies in your classroom throughout the week at your own pace. Then, come together on Zoom each week to share experiences, discuss insights, and learn from one another in a supportive, collaborative space.

Informational Zoom Meeting
Tuesday, September 15

6:30 PM MT / 5:30 PM CT



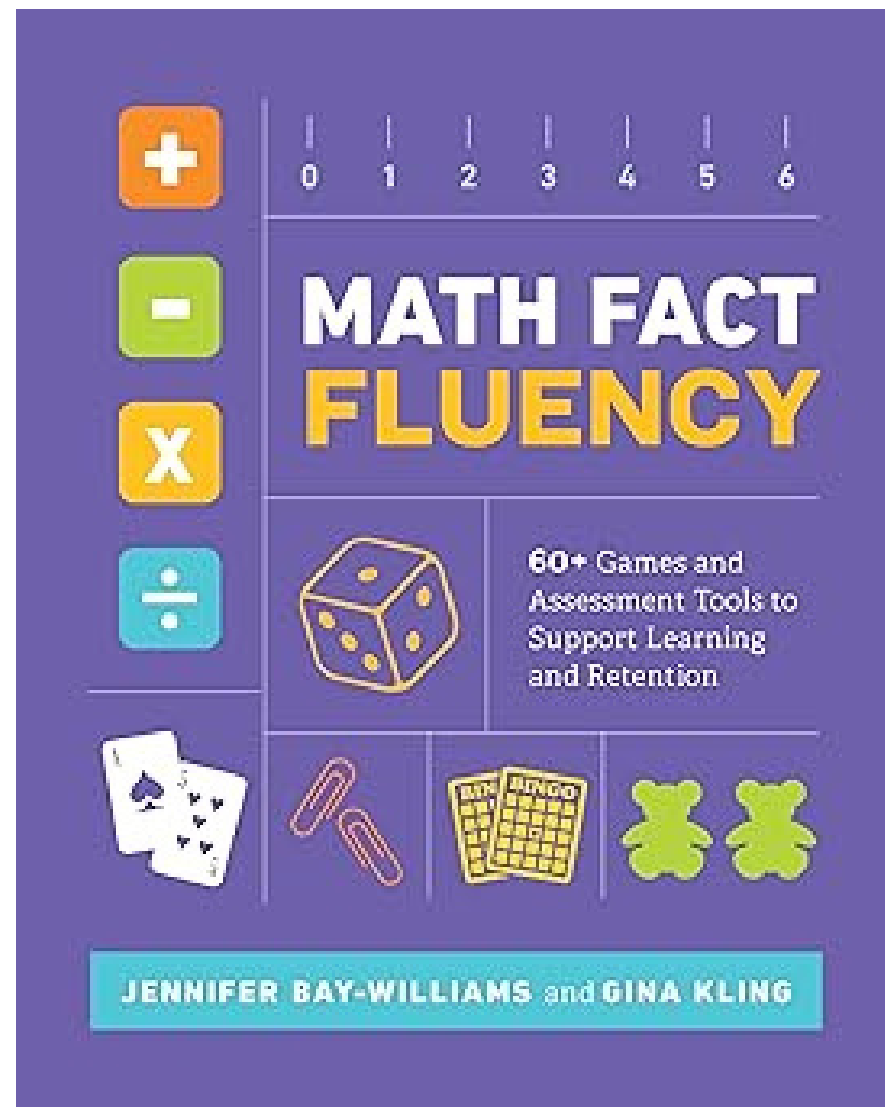
*This book is worth one graduate credit
or 15 CECH.

September 29
October 6
October 13
October 20
October 27
November 3

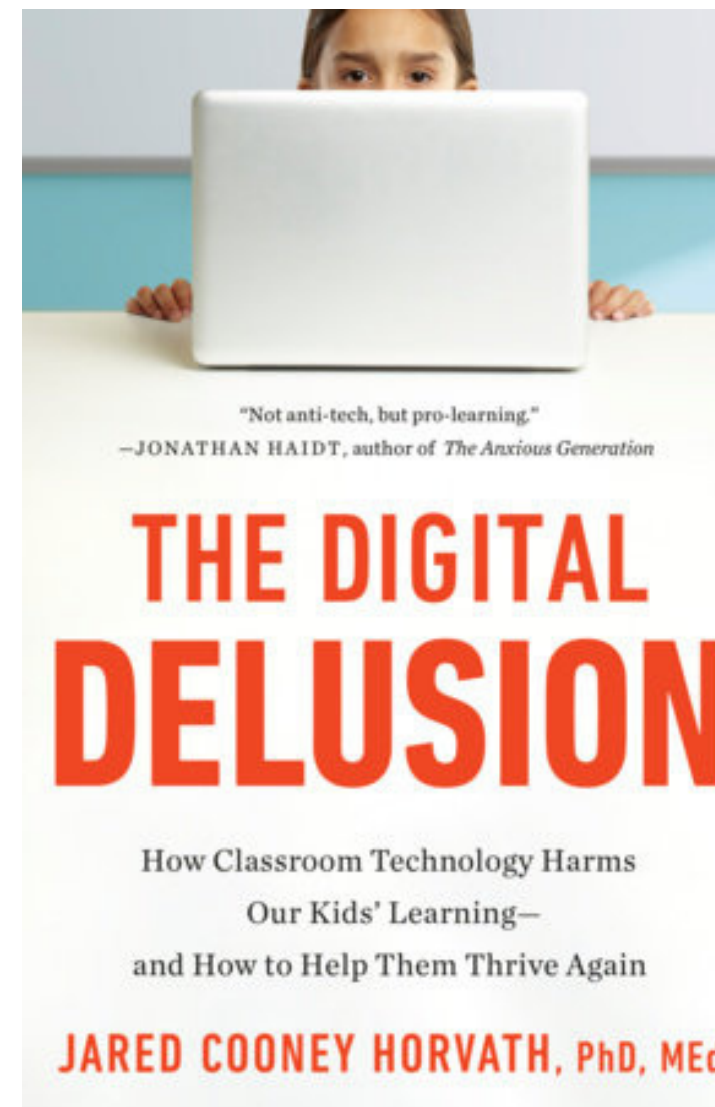
The Zoom meetings will take place at 5:30 PM Mountain Time / 6:30 PM Central Time

Asynchronous Book Studies

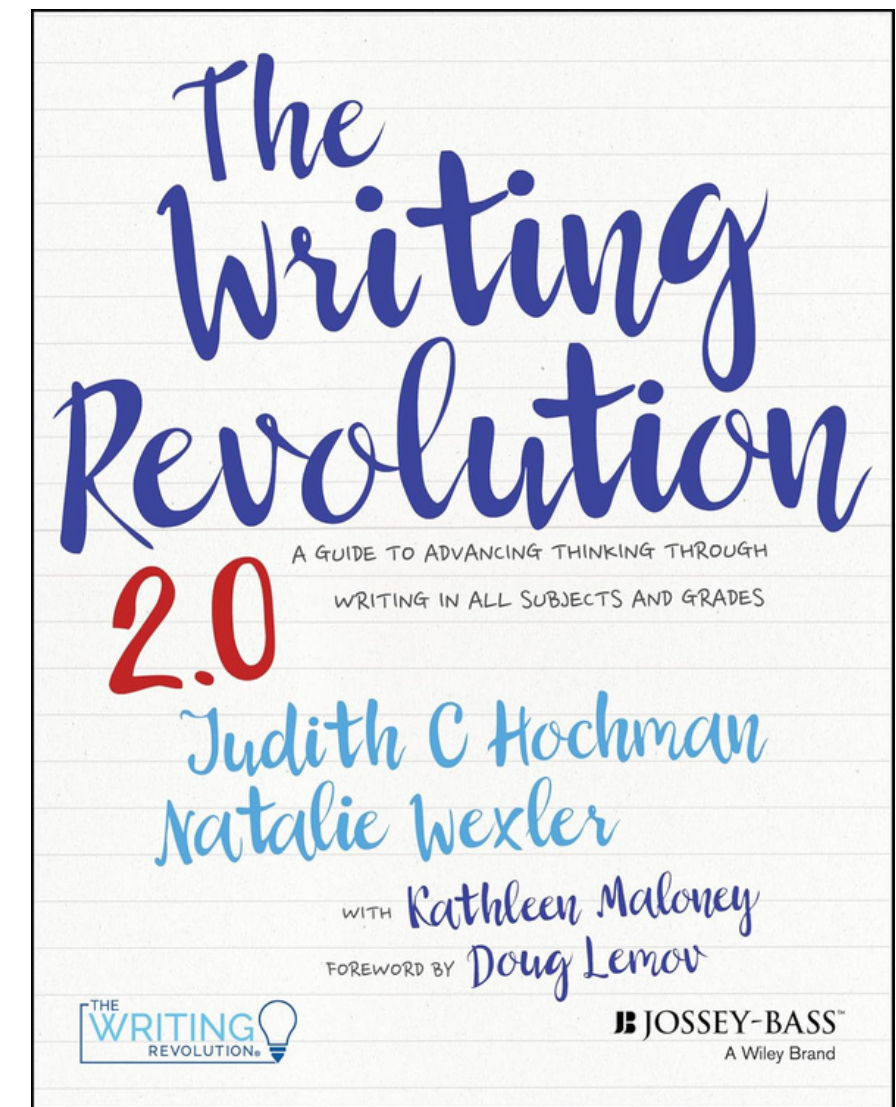
Join our fun and flexible asynchronous book study where you can read and participate entirely at your own pace within the set time frame. Enjoy meaningful prompts, practical reflections, and a friendly online space without the pressure of scheduled meetings! *Registration will open two weeks before the start date, so don't forget to mark your calendar!*



September 14 - October 23



September 28 - November 6



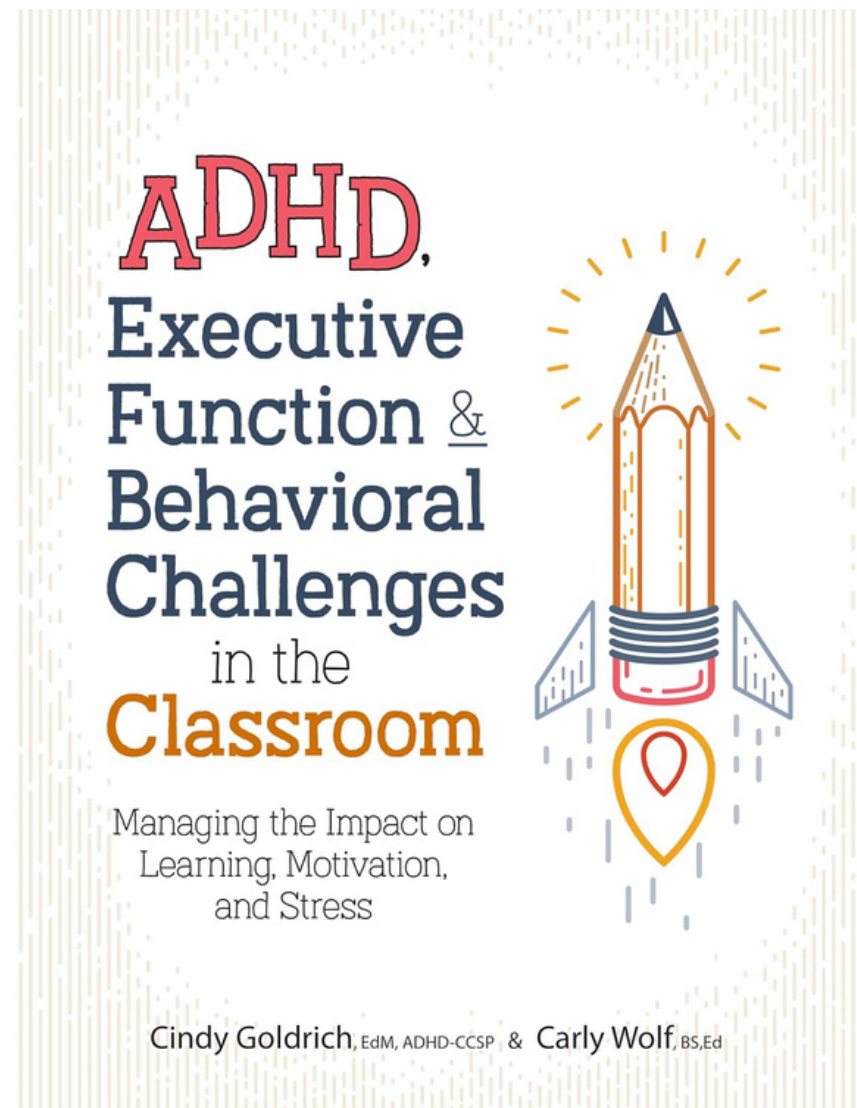
October 12 - November 20

*All book studies are worth one graduate credit or fifteen CECH.

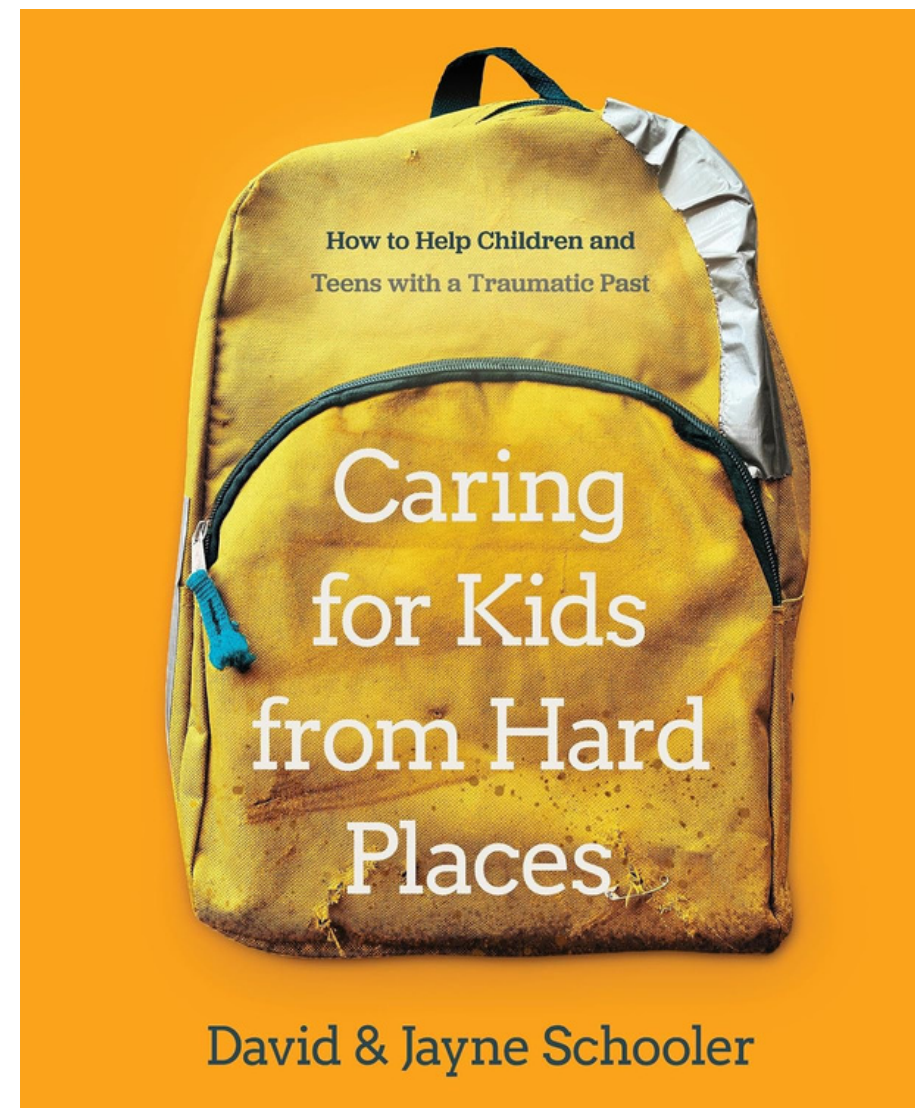
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October 26 - December 4



November 9 - December 18



November 23 - January 1

Asynchronous Book Studies

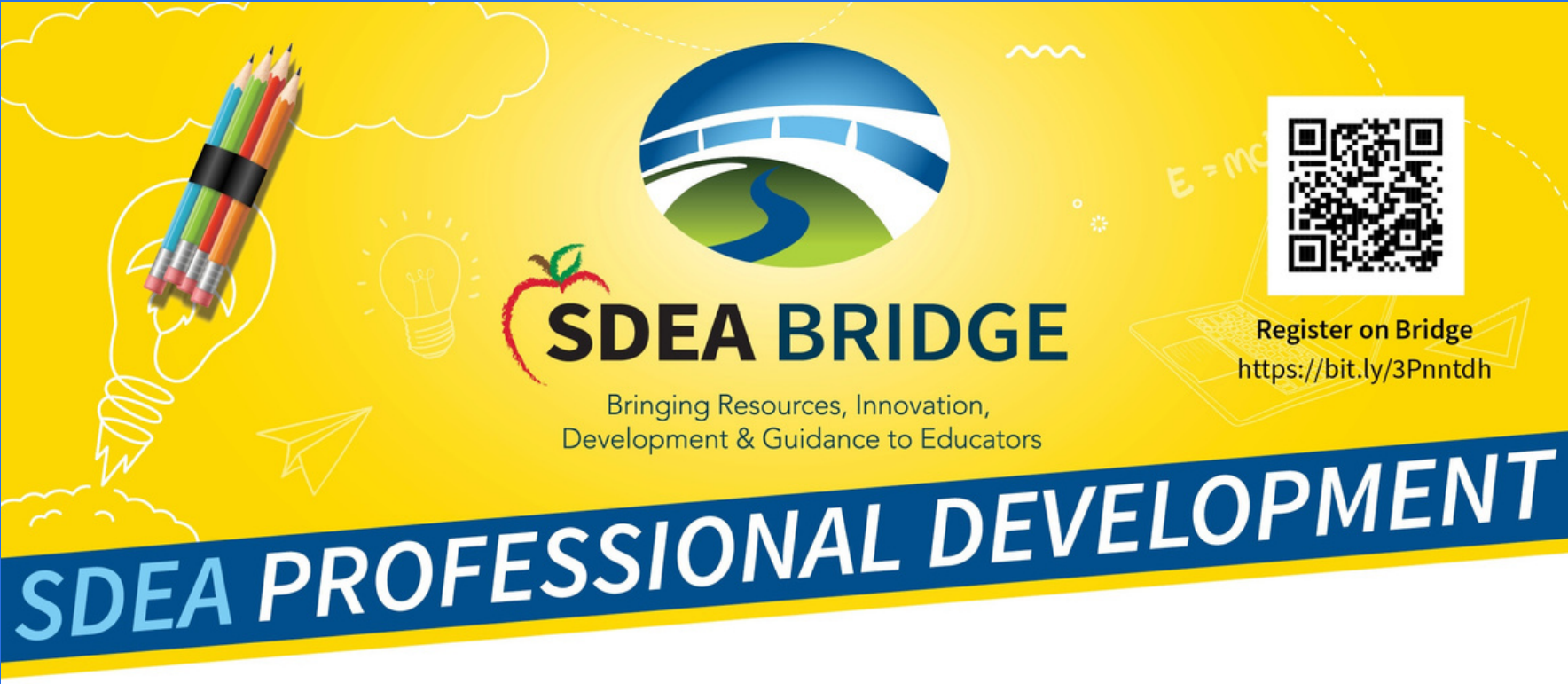
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Graduate credit is available for
\$50 per credit. Additional
information is available in the
course content.

Enroll Today

Click the banner below to access our store.



A yellow banner for SDEA Bridge Professional Development. The banner features a lightbulb with three colored pencils (green, yellow, red) inside it, a small lightbulb, a paper airplane, and a stylized bridge logo. The text "SDEA BRIDGE" is prominently displayed in bold blue letters, with the tagline "Bringing Resources, Innovation, Development & Guidance to Educators" below it. A QR code is located on the right side, with the text "Register on Bridge" and the URL "https://bit.ly/3Pnntdh" underneath it. The bottom of the banner has a dark blue diagonal band with the text "SDEA PROFESSIONAL DEVELOPMENT" in white.

SDEA BRIDGE
Bringing Resources, Innovation,
Development & Guidance to Educators

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<https://bit.ly/3Pnntdh>

SDEA PROFESSIONAL DEVELOPMENT