



**SDEA BRIDGE**  
Bringing Resources, Innovation,  
Development & Guidance to Educators



Register on Bridge  
<https://bit.ly/3Pnntdh>

**SDEA PROFESSIONAL DEVELOPMENT**

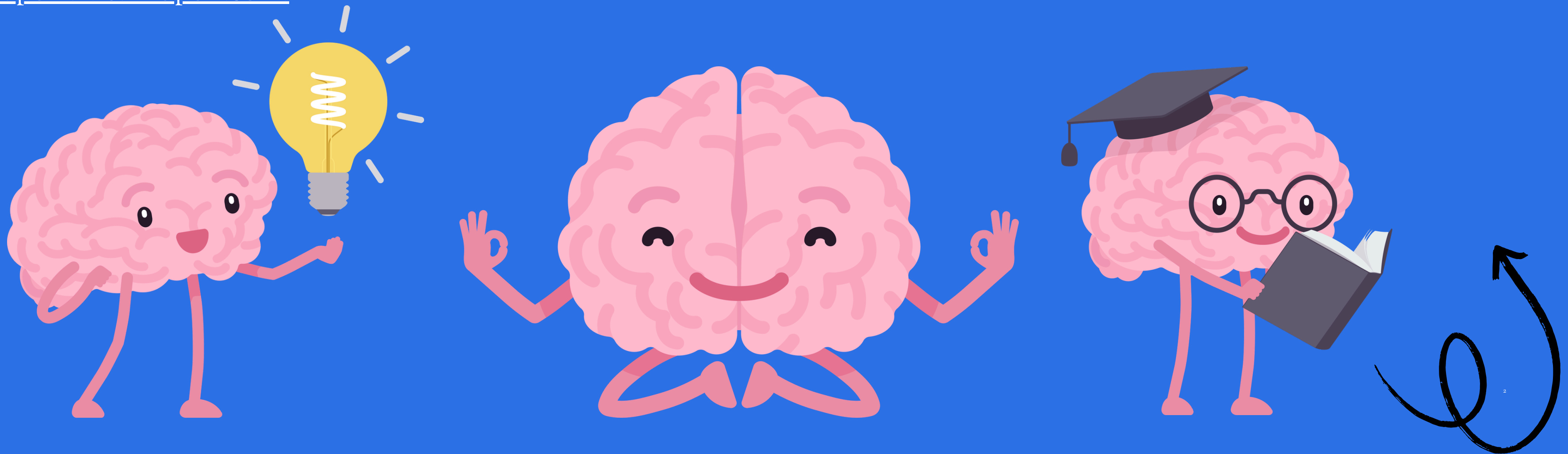
Professional development is a fun and meaningful way to invest in your own growth, whether you're working on your Professional Growth Plan, gearing up for recertification, or hoping to move up the salary schedule. When you choose to keep learning, you boost your skills, strengthen your classroom practice, and stay energized and evolving right alongside your students.

**Summer Catalog  
2026**

# Types of Courses:

This catalog is designed to serve as a guide to the courses offered on the SDEA Learning Portal. Independent Study courses are free and for members only. All book studies on the Learning Portal are available to members for free or \$50 for non-members. If you do not already have an SDEA BRIDGE account, visit [sdeaportal.learnupon.com](https://sdeaportal.learnupon.com).

- INFORMATIONAL
- INDEPENDENT STUDIES
- BOOK STUDIES



# Informational Courses

Learn more about SDEA and the different benefits that come with your membership.



WELCOME TO YOUR UNION!  
\* MEMBERS ONLY



WHAT ARE NEA MICRO-CREDENTIALS



VESI MEMBER OFFER (UP TO NINE CREDITS FOR \$275).



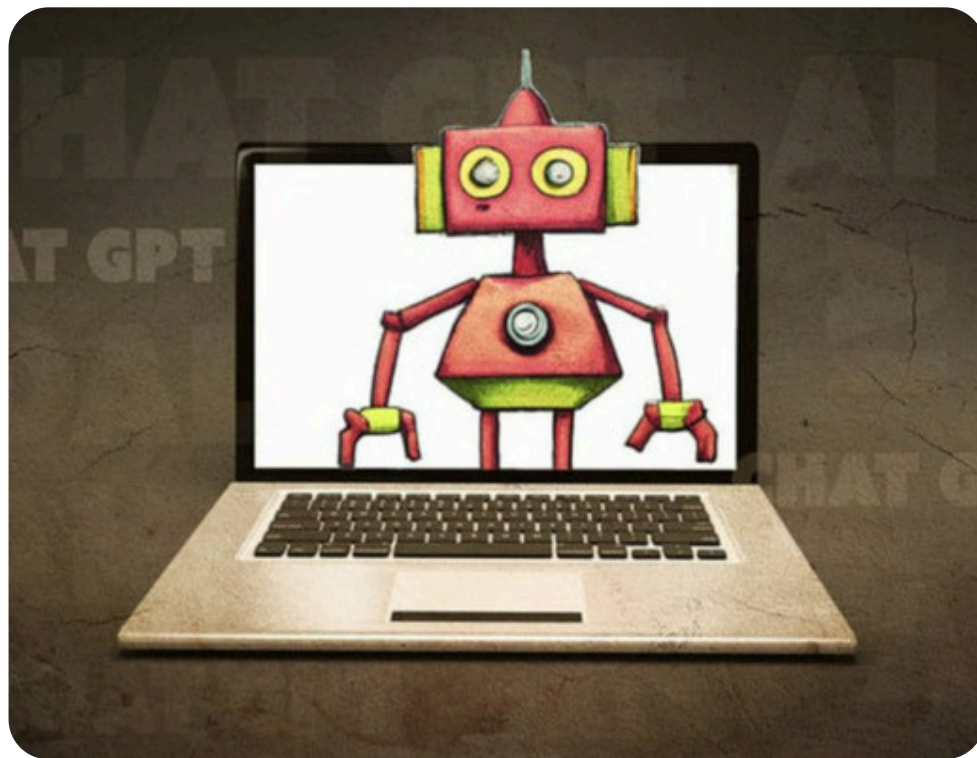
A COMPREHENSIVE GUIDE TO THE SDEA REPRESENTATIVE ASSEMBLY  
• MEMBERS ONLY

Coming February, 2026

# Independent Study Stacks

Pick and choose the sessions that interest you or take them all! Most course completion earns between five and eight continuing education contact hours (CECH) for recertification. (Available for members only.)

## ARTIFICIAL INTELLIGENCE



Dive into the world of AI with evidence-based learning, focus on ethical considerations, and student-centered literacy.

## EDUCATOR MENTAL HEALTH



Understand your own social-emotional needs to prevent burnout. Learn about awareness and coping strategies as well as mindfulness practices.

## TRAUMA INFORMED TEACHING



The impact of traumatic experiences is so significant that it can hinder the brain's normal development.

You have one year to complete each course.

## Artificial Intelligence in Education

AVAILABLE NOW:

AIED 1: Learning About and Learning with Artificial Intelligence in Education (Independent Study).

AIED 2: Educators and Students at the Center of Education (Independent Study).

Launching late May

AIED 3: Evidence-Based AI for Learning

AIED 4: Safe and Ethical Use of AI

AIED 5: Promoting AI Equity and Access

AIED 6: Enhancing Educator Practice with AI

AIED 7: Student-Centered AI Literacy

## Educator Mental Health

AVAILABLE NOW:

Mental Health: 1. Restorative Self-Care Practices (Independent Study).

Mental Health: 2. Burnout Prevention (Independent Study).

Mental Health: 3. Mental Health Mitigation (Independent Study).

Mental Health: 4. Mental Health Awareness and Coping Strategies (Independent study).

Mental Health: 5. Mindfulness Practices for Educators (Independent Study).

## Trauma Informed Teaching

AVAILABLE NOW:

Trauma 1: Creating a Healing-Centered Learning Environment (Independent Study).

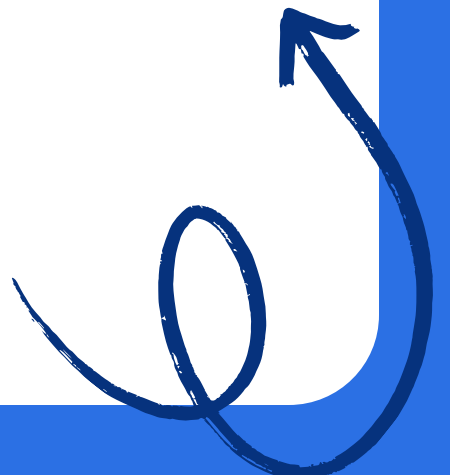
Trauma 2: Trauma-Informed Supports for Students (Independent Study).

Trauma: 3. Secondary Trauma (Independent Study).

Trauma 4: Creating Healing-Centered Learning Environments for Students Who are Refugees

Trauma 5: Race-Based Trauma

Trauma 6: Poverty-Related Trauma



# Other Independent Course



Be the Difference: An Action Approach to Educating Students in Poverty.

Course Length: 8 hours



"The Mind Inside" Docuseries

Course Length: 5 hours



Using Mindfulness in the Classroom

Course Length: 1 hour

Additional courses that will be added over the coming months:

Leadership Development 101

C.A.R.E

(Culture, Abilities, Resilience, and Effort)

Classroom Management

Multilingual Learners

# Podcast PD

Dive into a personalized professional learning experience by selecting 10 podcast episodes from a curated series designed to support your interests, goals, and professional needs. Each episode offers meaningful insights, practical strategies, and fresh perspectives that can be applied to your work right away.

As you listen, simply complete a brief 2–3 paragraph reflection for each episode, highlighting key ideas, personal connections, or strategies you'd like to try. This keeps the process manageable while encouraging thoughtful engagement without feeling overwhelming.

To conclude the experience, you will complete a final reflection paper summarizing your biggest takeaways, new learning, and how the podcast series has influenced your thinking or practice. This flexible and easy-to-manage format allows you to learn at your own pace while focusing on topics most relevant to you.



[Cult of Pedagogy](#)  
[The Resilient Teacher](#)  
[The Creative Classroom](#)  
[The Google Teacher Tribe Podcast](#)  
[School ME neaToday](#)  
[Truth for Teachers](#)  
[Shake Up Learning Show](#)  
[The Intentional IEP](#)  
[The Learning Scientists Podcast](#)  
[Special Educators Resource Room](#)

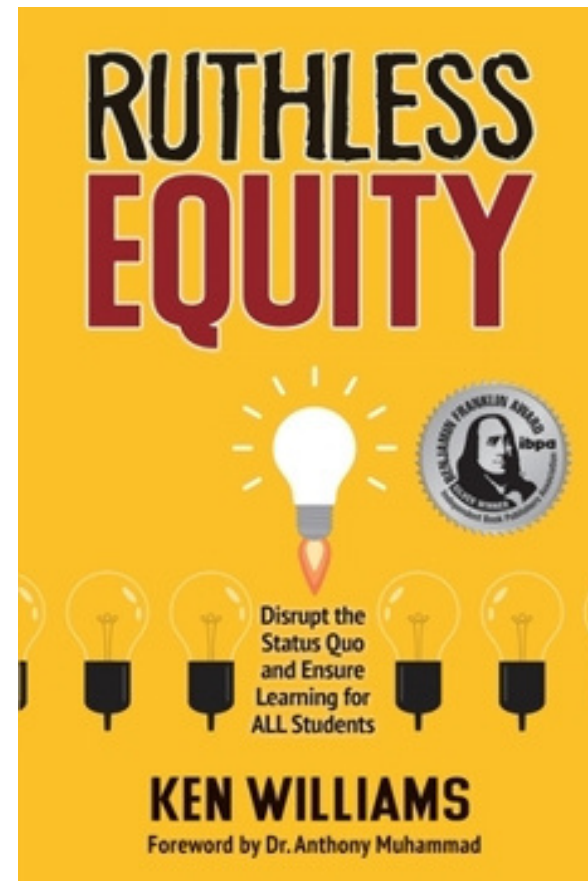
\*This course is worth one graduate credit  
or 15 CECH.

# Blended Learning Book Studies

Join our friendly blended book study where you'll read and try out practical strategies in your classroom throughout the week at your own pace. Then, come together on Zoom each week to share experiences, discuss insights, and learn from one another in a supportive, collaborative space.

Informational Zoom Meeting  
Monday, May 11  
4:00 PM MT/ 5:00 PM CT or  
7:00 PM MT / 8:00 CT

Ruthless Equity: Disrupt the Status Quo  
and Ensure Learning for ALL Students by  
Ken Williams



\*This book is worth one graduate credit  
or 15 CECH.

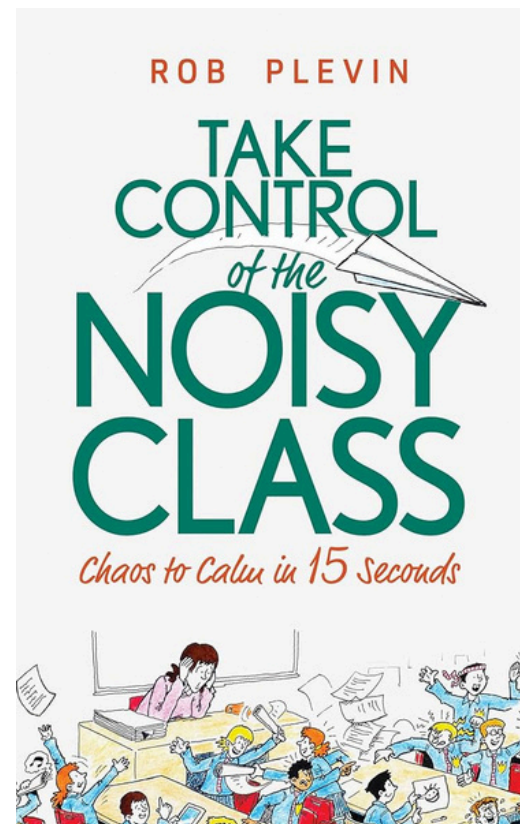
June 11  
June 18  
June 25  
July 2  
July 9

The Zoom meetings will take place at 9:00 AM Mountain Time / 10:00 AM Central Time

# Asynchronous Book Studies

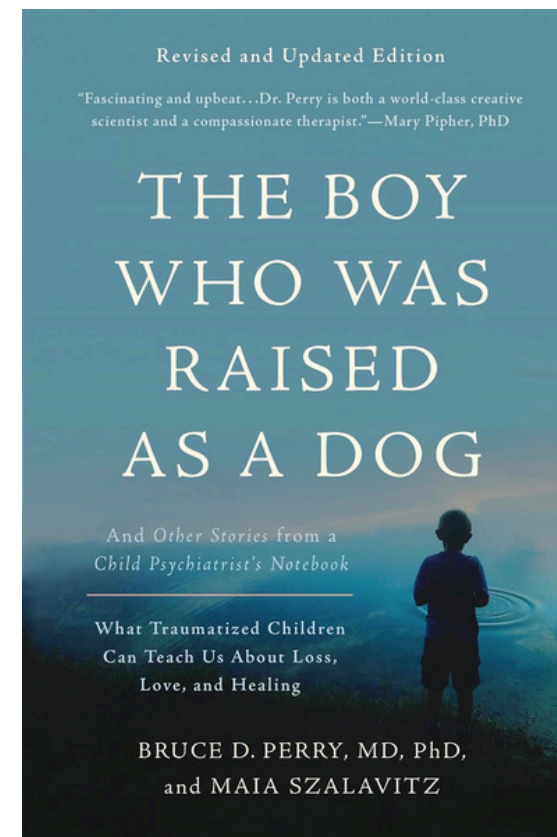
Join our fun and flexible asynchronous book study where you can read and participate entirely at your own pace within the set time frame. Enjoy meaningful prompts, practical reflections, and a friendly online space without the pressure of scheduled meetings! *Registration will open May 1!*

**TAKE CONTROL OF THE NOISY CLASS: CHAOS TO CALM IN 15 SECONDS**  
BY ROB PLEVIN



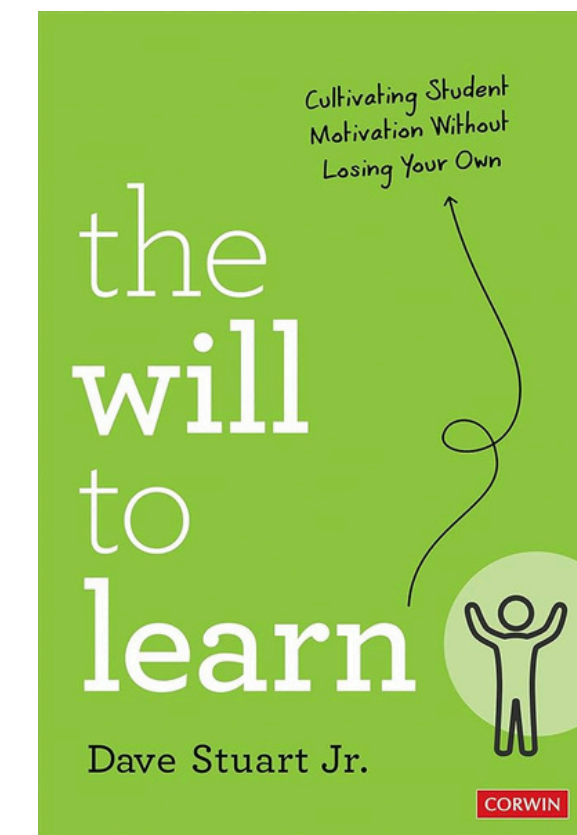
\*This book is worth one graduate credit or fifteen CECH.

**THE BOY WHO WAS RAISED AS A DOG**  
BY BRUCE D PERRY & MAIA SZALAVITZ



\*This book is worth one graduate credit or fifteen CECH.

**THE WILL TO LEARN: CULTIVATING STUDENT MOTIVATION WITHOUT LOSING YOUR OWN**  
BY DAVE STUART



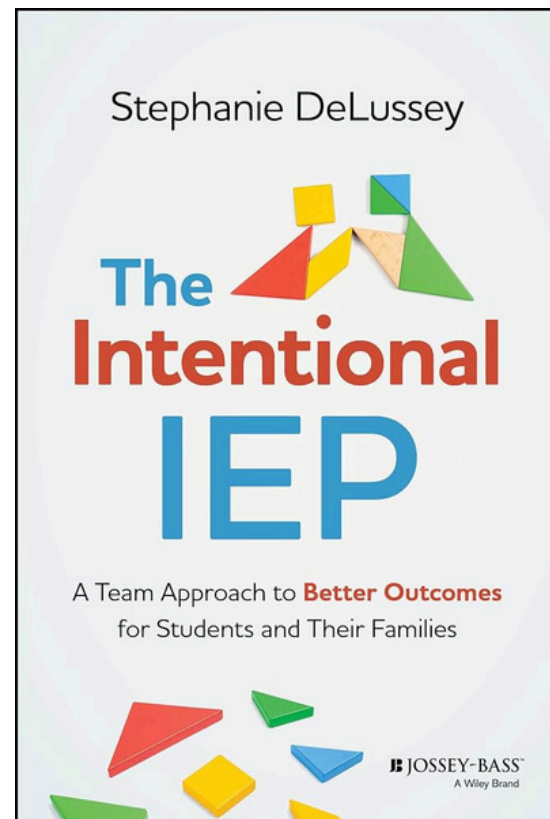
\*This book is worth one graduate credit or fifteen CECH.

# Asynchronous Book Studies

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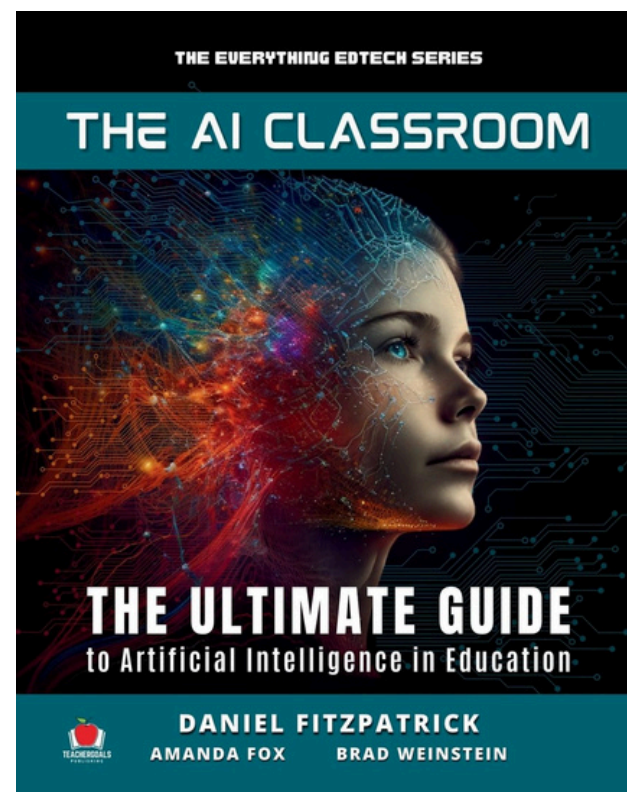
*Registration will open two weeks before the start date, so don't forget to mark your calendar!*

**THE INTENTIONAL IEP: A TEAM APPROACH TO BETTER OUTCOMES FOR STUDENTS AND THEIR FAMILIES**  
BY STEPHANIE DELUSSEY



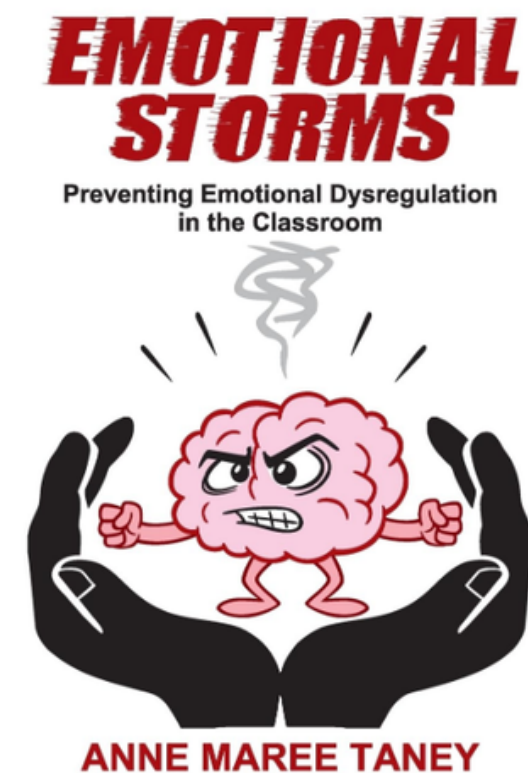
\*This book is worth one graduate credit or fifteen CECH.

**THE AI CLASSROOM: THE ULTIMATE GUIDE TO ARTIFICIAL INTELLIGENCE IN EDUCATION**  
BY DAN FITZPATRICK



\*This book is worth one graduate credit or fifteen CECH.

**EMOTIONAL STORMS: PREVENTING EMOTIONAL DYSREGULATION IN THE CLASSROOM**  
BY ANNE MAREE TANEY

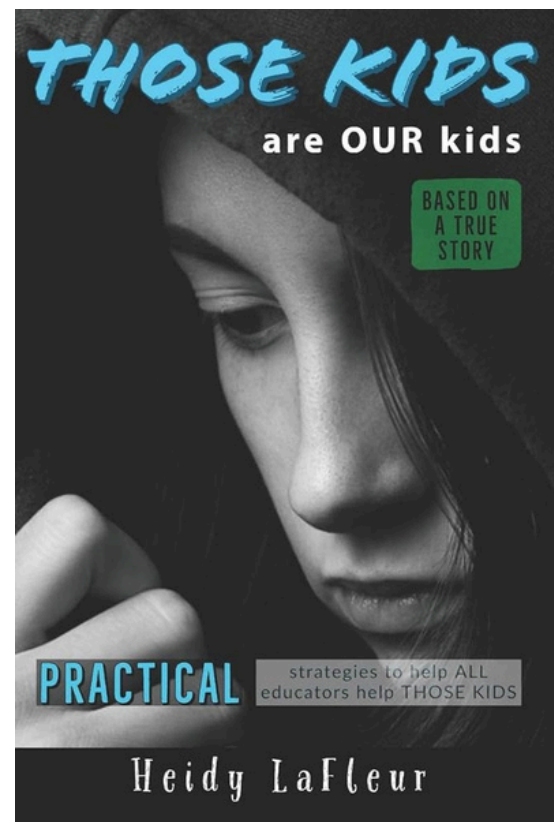


\*This book is worth two graduate credits or thirty CECH.

# Asynchronous Book Studies

Join our fun and flexible asynchronous book study where you can read and participate entirely at your own pace within the set time frame. Enjoy meaningful prompts, practical reflections, and a friendly online space without the pressure of scheduled meetings! *Registration will open two weeks before the start date, so don't forget to mark your calendar!*

**THOSE KIDS ARE OUR KIDS:  
PRACTICAL STRATEGIES TO  
HELP ALL EDUCATORS  
HELP THOSE KIDS**  
BY HEIDY LAFLEUR

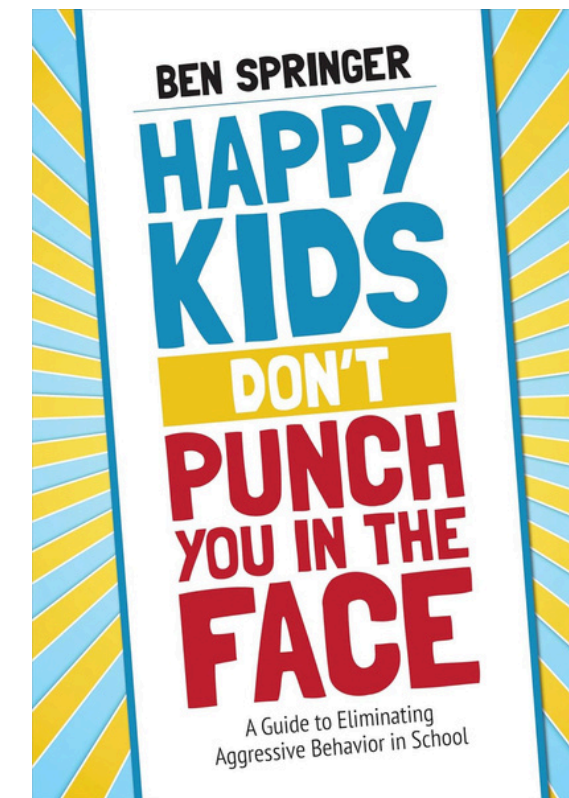


\*This book is worth one graduate credit or fifteen CECH.



Graduate credit is available for \$50 per credit. Additional information is available in the course content.

**HAPPY KIDS DON'T PUNCH  
YOU IN THE FACE: A GUIDE  
TO ELIMINATING  
AGGRESSIVE BEHAVIOR IN  
SCHOOL**  
BY BEN SPRINGER

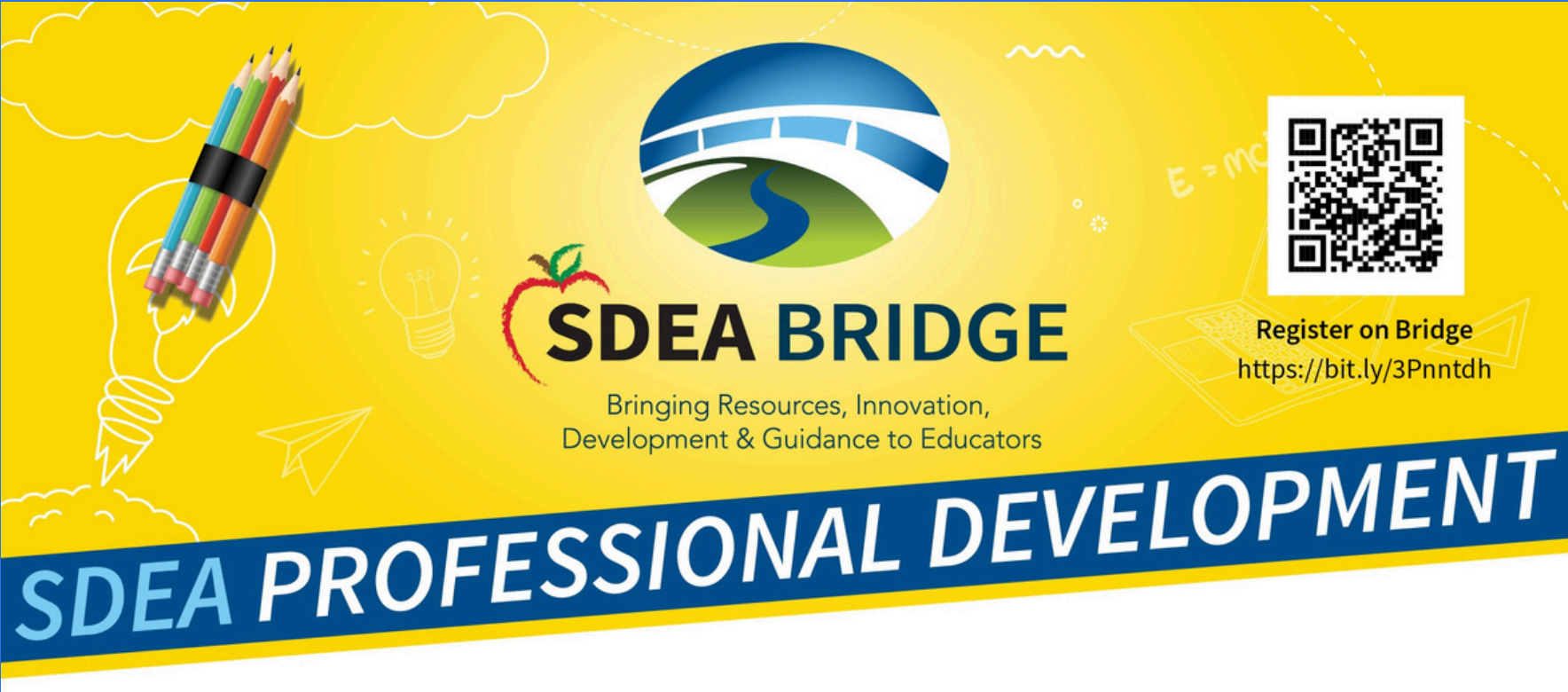


\*This book is worth one graduate credit or fifteen CECH.

# Enroll Today

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Click the banner below to access our store.



The banner features a yellow background with various educational icons: a lightbulb containing three colored pencils, a paper airplane, a globe, and a laptop. The text 'SDEA BRIDGE' is prominently displayed in dark blue, with the tagline 'Bringing Resources, Innovation, Development & Guidance to Educators' below it. A QR code is located on the right side, with the text 'Register on Bridge' and the URL 'https://bit.ly/3Pnntdh' underneath it. At the bottom, a dark blue banner contains the text 'SDEA PROFESSIONAL DEVELOPMENT' in white, slanted font.

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